

The PHILHARMONIC

Food Allergens

List of Food Items:

- Brunch
- Nibbles
- Mains
- Pasties
- Deli
- Pizzetta
- Burgers

Y	Contains Allergen
M	Contains Slight Traces of Allergen

BRUNCH

Meal	Item	Allergens													
		Cereal	Egg	Shellfish	Fish	Lipin	Mustard	Milk	Peanut	Sesame	Soya	Sulfites	Celery	Tree Nuts	Gluten
Full Harmonic	Bacon											Y			
	Pork Sausage	Y										Y			Y
	Crumpet							M							Y
	Eggs		Y												
Veg Harmonic	Glamorgan Sausage						Y	Y							Y
	Eggs		Y												
	Crumpet							M							Y
	Tomato														
Free Harmonic	Quorn Sausage														Y
	Tofu						Y								
	Crumpet							M							Y
	Tomato														
Extras	Hash Browns														
	Mushrooms														
	Tomato														
	Beans														
Breakfast Roll	Pork Sausage	Y										Y			Y
	Hash Brown														
	Roll		M												Y
	Egg		Y												
	Bacon														
Harmonious Roll	Quorn Sausage														Y
	Hash Brown														
	Tofu						Y								
	Roll		M					M							Y
	Tomato														

NIBBLES

Meal	Item	Allergens													
		Cereal	Egg	Shellfish	Molluscs	Fish	Lipin	Mustard	Milk	Peanut	Sesame	Soya	Sulfites	Celery	Tree Nuts
Skinny Fries	Fries														
	Chipotle Mayo											Y			
Sweet Potato Fries	Sweet Potato Fries														
	Chipotle Mayo											Y			
Halloumi	Halloumi								Y						
	Gin Glaze											Y			
Philly Bravas	Potato Cubes								Y			Y	Y		
	Marinara Sauce														
	Mozzarella								Y						
Bacon Bites	Bacon Bites	Y	Y										Y		Y
	Rum BBQ											Y			
Garlic Flatbread	Flatbread														Y
	Garlic Butter								Y						
	Mozzarella								Y						

